



CATHOLIC NOLES

Counseling Resources for Students

This list is provided as a courtesy. Catholic Noles does not endorse or guarantee any therapist. Individuals are responsible for verifying credentials and fit. Catholic Noles and the Co-Cathedral of St. Thomas More assume no liability for services provided. Contact details and sample some specialties are listed below; please contact therapists directly for a comprehensive list of services.

Catholic Therapists	
<p>Dr. Ann Funk, PhD (850) 491-5110 (cash pay only)</p> <ul style="list-style-type: none">• Affective Disorders• Anxiety• Assertiveness• Behavioral Problems• Death/Dying/Grief• Depression• Life Transitions• Marriage/Divorce/Separation• OCD• Personality Disorders• Phobias/Panic Disorder• PTSD/Trauma• Religion/Spirituality• Sexual Abuse• Training/Consultation	<p>Dr. Kay Colvin-Guthrie, PhD (850) 552-0691 (accepts insurance)</p> <ul style="list-style-type: none">• Anxiety• PTSD• OCD• Panic• ADHD• Depression• Bipolar Disorder• Marriage and family therapy• EMDR trained
<p>Devin White, RMHCI 850-604-8218 (cash pay and insurance)</p> <ul style="list-style-type: none">• IOP for Children and adolescents with behavioral challenges• Addiction• Undesirable habits• Identity challenges• Depression• Anxiety• ODD• Adjustment disorders• Substance use/abuse	<p>Robert Mayor, LMHC 850-604-8218 (cash pay and insurance)</p> <ul style="list-style-type: none">• Men's issues• Sexual/pornography addiction• Childhood trauma• Sexual trauma• Challenges facing military families• EMDR trained

Kelly Mayor, LCSW

850-604-8218 (cash pay and insurance)

- Anxiety
- OCD
- Panic
- Social anxiety
- Agoraphobia
- Scrupulosity
- Postpartum depression
- Marital intimacy

Rachel Lightle, RMHCI

850-604-8218 (cash pay and insurance)

- Anxiety
- Depression
- Stress
- Self Esteem
- Disordered eating patters
- Substance abuse
- Relationship difficulties

Heidi Coggins, RCSWI

850-404-4836 (cash pay only) in Tallahassee

- Grief and Loss
- PTSD/Trauma
- Sexual Abuse
- Anxiety/Depression
- Life Transitions
- Women's issues
- EMDR trained

Lauren Bowen, LCSW

904-260-0454 (accepts insurance)

- Anxiety
- Depression
- Life transitions
- Stress management
- Relationship concerns